

# **THE INTENSIVE OUTPATIENT PROGRAM**

## **A Description**

### Intensive Outpatient Treatment:

Intensive outpatient treatment is very similar to our residential treatment approach. However, patients at this level of care do not require the intensive intervention structure of the residential program. Daily programming is determined through the assessment process and treatment planning is always determined on an individual basis according to disease progression, presence of co-occurring conditions and recovery resources available.

### Other Outpatient Services include:

- Outpatient Counseling (therapist)
- Physician Services
  - Brief Visit
- History and Physical (if indicated)
  - Addiction Medicine Assessment (if indicated)
  - Psychological Evaluation (if indicated)
  - Psychological Services (if indicated)
  - Random Drug Screen
  - Lab Tests (if indicated)

### Family Support Services

WeMAC also provides supportive services for family members. Families are encouraged to attend the family group sessions each Wednesday. Please see the Family Program Description Sheet enclosed for other services offered.

### Continuing Care Services

- Saturday morning Continuing Care Group
- On-Going Care Group
- Outpatient therapy